Instruction 1(b).

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

OMB APPROVAL											
OMB Number: 3235-028											
Estimated average burden											
hours per response	: 0.5										

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Uchida T Christopher					2. Issuer Name and Ticker or Trading Symbol Palomar Holdings, Inc. [PLMR]									ck all app Direc	ationship of Reportir (all applicable) Director Officer (give title		10% O	wner		
(Last) 7979 IVA	(First) (Middle) IVANHOE AVENUE, SUITE 500						3. Date of Earliest Transaction (Month/Day/Year) 09/02/2022									below)		Other (specibelow)		
(Street) LA JOLLA CA 92037 (City) (State) (Zip)					4. If <i>I</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Inc Line) X	Form	Form filed by More than One Reporting Person Ferson				
		Table	I - Nor	n-Deriva	tive S	Secu	rities	Acq	uired,	Dis	posed of	, or E	Bene	ficiall	y Own	ed				
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da				Execution ny/Year) if any		cution Date,		3. Transaction Code (Instr. 8)						Securit Benefic Owned	5. Amount of Securities Beneficially Owned Following Reported		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
							Code	v	Amount	(A) (D)	or F	Price	Transa	action(s) 3 and 4)			(111511.4)			
Common Stock 09/02/2						2022			S ⁽¹⁾		1,000	D		\$84	22,621(2)			D		
Common Stock 09/07/2					2022				S ⁽¹⁾		1,000	I)	\$89	9 21,621(2)			D		
		Tal									osed of, o				Owne	d	,			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/D		4. Transa Code (8)		of Deriv	r osed) r. 3, 4	6. Date Exerci Expiration Dat (Month/Day/Ye		te	7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		De Se (Ir	Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owne Form Direct or Ind (I) (Ins	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	v	(A)	(D)			Expiration Date	Title	Amor or Numi of Share	ber								

Explanation of Responses:

- 1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan.
- 2. Includes 1,666 shares of Common Stock purchased pursuant to the Palomar Holdings, Inc. 2019 Employee Stock Purchase Plan (ESPP).

Remarks:

/s/ Angela Grant, Attorney-in-

09/07/2022

Fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.