FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

| OMB APPROVAL | | | | | | | | | |
|--------------------------|-----------|--|--|--|--|--|--|--|--|
| OMB Number: | 3235-0287 | | | | | | | | |
| Estimated average burden | | | | | | | | | |
| hours per response. | 0.5 | | | | | | | | |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| Name and Address of Reporting Person* Armstrong Mac | | | | | | 2. Issuer Name and Ticker or Trading Symbol Palomar Holdings, Inc. [PLMR] | | | | | | | | | Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner | | | | | |
|---|--------------|-------------|-------------------------------------|----------|---|--|------------------|---|--|---|--------------|---|---|---|---|---------------------------------------|------------------------------------|---|-----------------------------------|--|
| (Last) (First) (Middle) 7979 IVANHOE AVENUE, SUITE 500 | | | | | | 3. Date of Earliest Transaction (Month/Day/Year) 01/21/2021 | | | | | | | | | X Officer (give title Other (specify below) CEO and Chairman | | | | | |
| (Street) LA JOLLA CA 92037 | | | | | 4. | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | | Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting | | | | | |
| (City) | (S | tate) | Vot: | ,o C | VI 10:4 | ioo * | 00::: | rod ' | Dieness | ficiell | Person | | | | | | | | | |
| 1. Title of Security (Instr. 3) 2. Trans. Date | | | 2. Transaction | on | 2A. Deemed Execution Date, | | ate, | 3. Transaction Code (Instr. 8) | | 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and | | | | 5. Amount of Securities Beneficially Owned Following Reported | | 6. Owner Form: E | Direct In Indirect B r. 4) C | . Nature of odirect eneficial ownership | | |
| | | | | | | | | | Code | v | Amount | (A) or (D) | Price | | Transacti | Transaction(s) (Instr. 3 and 4) | | " | nstr. 4) | |
| Common | Stock | | | 01/21/20 |)21 | 1 | | | M | | 12,500 | A | \$ | 515 | 13,5 | 587(1) | |) | | |
| Common | Stock | | | 01/21/20 |)21 | !1 | | | G | V | 12,500 | D | : | \$0 | 1,08 | 1,087 ⁽¹⁾ | |) | | |
| Common | Stock | | | 01/21/20 |)21 | | | | A | | 12,500 | A | : | \$ 0 | 747,888 | | I | . A | By Armstrong amily Trust | |
| Common | Stock | | | 01/21/20 |)21 | | | | S ⁽²⁾ | | 2,100 | D | \$96. | 1493 ⁽³⁾ | 745,788 | | 1 | F F | Sy Armstrong amily rust | |
| Common | Stock | | | 01/21/20 |)21 | | | | S ⁽²⁾ | | 3,232 | D | \$97. | 1621 ⁽³⁾ | 742, | 556 |] | . A | Armstrong amily Trust | |
| Common | Stock | | | 01/21/20 |)21 | | | | S ⁽²⁾ | | 6,768 | D | \$97 | .805 ⁽³⁾ | 735, | 788 | I | F F | Armstrong amily rust | |
| Common Stock | | 01/21/2021 | | | | | S ⁽²⁾ | | 400 | D | \$9 | 99 ⁽³⁾ | 735, | 388 | I | . A | Sy Armstrong amily rust | | | |
| | | - | Table | | | | | | | | sposed o | | | | Owned | | | | | |
| 1. Title of Derivative Conversion Date Execution Date, Security or Exercise (Month/Day/Year) if any | | 4. Trans | 5. Number of ode (Instr. Derivative | | umber vative urities uired or oosed) (Instr. | 6. Da Expi (Moi | ate Exe | ercisable and | 7. Title and Amo of Securities Underlying Derivative Secu (Instr. 3 and 4) | | mount curity | 8. Price of Derivative Security (Instr. 5) | 9. Numb derivativ Securiti Benefici Owned Followir Reporte Transac (Instr. 4) | ve es ially ng ed etion(s) | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | Beneficial Ownership (Instr. 4) | | | | |
| | | | | | Code | ode V (A) (D) Date Expiration Date Title | | of | umber | | | | | | | | | | | |
| Employee Stock Option (right to buy) | \$ 15 | 01/21/2021 | | | M | | | 12,500 | | (4) | 04/16/2029 | Comi | | 2,500 | \$0 | 231, | 310 | D | | |

Explanation of Responses:

- 1. Shares of Common Stock purchased pursuant to the Palomar Holdings, Inc. 2019 Employee Stock Purchase Plan (ESPP).
- 2. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan.
- 3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$95.4900 to \$96.4800 (weighted average of \$99.6.1493), inclusive; \$96.5200 to \$97.5000 (weighted average of \$97.1621), inclusive; \$97.5200 to \$98.4100 (weighted average of \$97.805), inclusive; and \$99.000 to \$99.000, inclusive (weighted average of \$99.00). The Reporting Person undertakes to provide to Palomar Holdings, Inc., any security holder of Palomar Holdings, Inc., or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote to this Form 4.
- 4. Fifty percent (50%) of the option shares granted vest and become exercisable on April 16, 2020 and the remaining option shares vest and become exercisable in twelve (12) equal monthly installments thereafter.'

Attorney-in-Fact

** Signature of Reporting Person

Date

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.