FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

OMB APPROVAL									
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Estimated average burden									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Uchida T Christopher</u>						2. Issuer Name and Ticker or Trading Symbol Palomar Holdings, Inc. [PLMR]								Check	ationship of Reportir all applicable) Director Officer (give title		ng Person(s) to Is 10% Ov Other (s		wner
(Last) (First) (Middle) 7979 IVANHOE AVENUE, SUITE 500						3. Date of Earliest Transaction (Month/Day/Year) 07/22/2020								X	below)		below)		specify
(Street) LA JOLI	Street) LA JOLLA CA 92037					4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person					on
(City)	(St		Zip)																
		Table	I - No	on-Deriva	tive S	Secui	rities	Acc	quired	l, Dis	sposed of	, or B	enefici	ally	Own	ed			
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/N					Execution Date,		3. Transaction Code (Instr. 8) 4. Securities A Disposed Of (and 5) Securi Benefi		ties cially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
							Code	v	Amount	(A) or (D)	Price		Transa	action(s) . 3 and 4)			(1130.4)		
Common Stock 07/22/20)20			S ⁽¹⁾		600	D	\$84.7	71 ⁽²⁾ 38		3,906 ⁽³⁾		D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	/e Conversion Date Execution Date, or Exercise (Month/Day/Year) if any			4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr 3 and 4)				9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership (Instr. 4)			
					Code	v	(A)	(D)	Date Exerci	isable	Expiration Date	Title	Amount or Number of Shares						

Explanation of Responses:

- 1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan.
- 2. These shares were sold in multiple transactions all at a price of \$84.71.
- 3. Includes 808 shares of Common Stock purchased pursuant to the Issuer's Employee Stock Purchase Plan (ESPP).

/s/ Christopher Uchida 07/23/2020

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.