FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB A	PPROVAL
OMB Number:	3235-028

87 Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

							()				1 ,								
Name and Address of Reporting Person* Notaras Martha					2. Issuer Name and Ticker or Trading Symbol Palomar Holdings, Inc. [PLMR]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
INOLATAS IVIATUIA					[124441]									X Direct	or		10% Ov	vner	
(Last) (First) (Middle) 7979 IVANHOE AVENUE, SUITE 500						3. Date of Earliest Transaction (Month/Day/Year) 02/12/2020									Office below	(give title		Other (s below)	specify
/9/9 IVF	ANHUE AV	ENUE, SUITE	500		_									_					
-					_ 4. 1	f Ame	ndment,	Date	of Origina	l Filed	I (Month/D	ay/Year)		6. Ir		Joint/Group	o Filino	g (Check Ap	plicable
(Street)		•	02027											- 1	,	filed by One	e Rep	orting Perso	n
LA JOLI	LA C	A	92037												Form filed by More than One Reporting				
					-										Perso	n			
(City)	(S	tate)	(Zip)																
		Tab	le I - Nor	ı-Deriv	vative	Se	curities	s Ac	quired	, Dis	posed (of, or E	Bene	eficial	y Owne	t			
			Date	ansaction hth/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		r, Transaction Dis Code (Instr. 5)		Dispose	urities Acquired (A) sed Of (D) (Instr. 3, 4			Benefic Owned	es ally Following	Form (D) o	n: Direct r Indirect istr. 4)	7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A (D	or	Price	Reporte Transac (Instr. 3	ction(s)			(Instr. 4)
Common Stock (RSUs) 0				02/1	2/202	/2020		A		125(125 ⁽¹⁾ A		\$0	1	125		D		
		Т	able II -								osed of converti				Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	d Date,	4. Transaction Code (Instr 8)		n of E		6. Date Exercisable Expiration Date (Month/Day/Year)		able and	nd 7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		ecurity	8. Price of Derivative Security (Instr. 5)	tive derivative ty Securitie	e ss ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	OI N Of	umber					
Stock Option (right to buy)	\$58.06	02/12/2020			A		1,722		(2)	(2/12/2030	Commo Stock	n 1	1,722	\$0	1,722		D	

Explanation of Responses:

- 1. The Restricted Stock Units (RSUs) will vest in full on the first anniversary of the grant date.
- 2. Fifty percent (50%) of the option shares vest and become exercisable on February 12, 2021 and the remaining option shares vest and become exercisable in twelve (12) equal successive monthly installments thereafter.

/s/ Martha Notaras 02/14/2020

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.