FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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OMB APPROVAL										
OMB Number:	3235-0287									
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Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

hours per response: 0.5

1. Name ar <u>Uchida</u>	Pale	2. Issuer Name and Ticker or Trading Symbol Palomar Holdings, Inc. [PLMR] 3. Date of Earliest Transaction (Month/Day/Year)								(Cr	neck all appl Direct	icable) or r (give title	ng Per	son(s) to Iss 10% Ow Other (s below)	/ner						
(Last) (First) (Middle) 7979 IVANHOE AVENUE, SUITE 500						05/31/2023										Chief Financial Officer					
(Street) LA JOLLA CA 92037					4. If Amendment, Date of Original Filed (Month/Day/Year)									Lin	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City) (State) (Zip)					Rule 10b5-1(c) Transaction Indication																
							Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.												ed to		
		Tabl	e I - Noi	า-Deriv	ative \$	Sec	uriti	ies Ac	quirec	l, D	isp	osed o	of, or	Ben	eficia	lly Owne	d				
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)						E:	A. Deemed xecution Date, any Month/Day/Year)		Code	Transaction Disp Code (Instr. 5)		Dispose	ecurities Acquired (<i>P</i> posed Of (D) (Instr. 3,			Benefic Owned	ies For cially (D) Following (I) (n: Direct or Indirect onstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	,	v	Amount		A) or D)	Price	Reporte Transac (Instr. 3	tion(s)			instr. 4)	
Common	Stock			05/31	/2023	/2023			М			2,00	0	A	\$15	27,108 ⁽²⁾			D		
Common	Stock			05/31	/2023				S ⁽¹⁾)		2,000		D \$55		, , ,			D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	n Date,		ransaction ode (Instr.		vative urities uired or oosed O) tr. 3, 4	Expiration	Are Exercisable and ration Date Amount of Securities Underlying Derivative Security (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)				
					Code	ode V		(D)	Date Exercisa	able	Exp Dat	oiration e	Title	100	Amount or Number of Shares						
Employee Stock Option (Right to Buy)	\$ 15	05/31/2023			М			2,000	(3)		04/	16/2029	Comm Stock		2,000	\$0.00	14,156	5	D		

Explanation of Responses:

- 1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan.
- 2. Includes 1,666 shares of Common Stock purchased pursuant to the Palomar Holdings, Inc. 2019 Employee Stock Purchase Plan (ESPP).
- 3. Fifty percent (50%) of the option shares vest and become exercisable on April 16, 2020 and the remaining option shares vest and become exercisable in twelve (12) equal monthly installments thereafter.

Remarks:

/s/ Angela Grant, Attorney-in-

06/01/2023

Fact

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.