### SEC Form 5

## FORM 5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Form 3 Holdings Reported.

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

#### ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

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| Form 4 Transac                 | ctions Reported.        |                      | Filed pursuant to Section 16(a) of the Securities Exchange Act of 193<br>or Section 30(h) of the Investment Company Act of 1940 | 4                      |  |                                 |
|--------------------------------|-------------------------|----------------------|---|------------------------|--|---------------------------------|
| 1. Name and Addro<br>DOWDELL   | 1 0                     |                      | 2. Issuer Name <b>and</b> Ticker or Trading Symbol Palomar Holdings, Inc. [ PLMR ]  |                        | ationship of Reporting P<br>( all applicable)<br>Director                            | erson(s) to Issuer<br>10% Owner |
| (Last)<br>7979 IVANHO          | (First)<br>E AVENUE, SU | (Middle)<br>JITE 500 | 3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year)<br>12/31/2022  |                        | Officer (give title below)   | Other (specify below)           |
| (Street)<br>LA JOLLA<br>(City) | CA<br>(State)           | 92037<br>(Zip)       | 4. If Amendment, Date of Original Filed (Month/Day/Year)  | 6. Indiv<br>Line)<br>X | vidual or Joint/Group Fil<br>Form filed by One Re<br>Form filed by More th<br>Person | eporting Person                 |

#### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction<br>Date<br>(Month/Day/Year) | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 3.<br>Transaction<br>Code (Instr.<br>8) | 4. Securities Ac<br>Of (D) (Instr. 3, 4 |               | a) or Disposed | 5. Amount of<br>Securities<br>Beneficially<br>Owned at end of<br>Issuer's Fiscal<br>Year (Instr. 3 and<br>4) | 6.<br>Ownership<br>Form: Direct<br>(D) or<br>Indirect (I)<br>(Instr. 4) | 7. Nature of<br>Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |  |
|---------------------------------|--|---|---|---|---------------|----------------|--|---|---|--|
|                                 |  |   |   | Amount                                  | (A) or<br>(D) | Price          |  |   |   |  |
| Common Stock                    | 08/24/2022                                 |   | G                                       | 6,470                                   | D             | \$0            | 46,385   | Ι   | Held by<br>RGD<br>Partners,<br>L.P.                               |  |
| Common Stock                    |  |   |   |   |               |                | 4,397  | D   |   |  |

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

|   |   |  |   |   |       |     | -                   |                    |   |  | -   |  |  |  |
|---|---|--|---|---|-------|-----|---------------------|--------------------|---|--|---|--|--|--|
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3) | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 4.<br>Transaction<br>Code (Instr.<br>8) | on of |     | Expiration Date     |                    | 7. Title and<br>Amount of<br>Securities<br>Underlying<br>Derivative<br>Security (Instr.<br>3 and 4) |  | 8. Price of<br>Derivative<br>Security<br>(Instr. 5) | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s)<br>(Instr. 4) | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|   |   |  |   |   | (A)   | (D) | Date<br>Exercisable | Expiration<br>Date | Title   | Amount<br>or<br>Number<br>of<br>Shares |   |  |  |  |

Explanation of Responses:

#### /s/ Angela Grant, Attorney-in-02/13/2023

Fact

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $^{\ast}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.