FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

												· ·										
	nd Address of T Christo		2. Issuer Name and Ticker or Trading Symbol Palomar Holdings, Inc. [PLMR]										Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner									
(Last) 7979 IVA	ast) (First) (Middle) 79 IVANHOE AVENUE, SUITE 500					3. Date of Earliest Transaction (Month/Day/Year) 06/20/2024										Officer (give title Other (specification) Chief Financial Officer						
		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)										
(Street)																Form filed by One Reporting Person						
LA JOLLA CA 92037																Form filed by More than One Reporting Person						
(City)	(City) (State) (Zip)							Rule 10b5-1(c) Transaction Indication														
		V	Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.													d to						
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																						
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da						Execution Da			Code (I				ities Acquired (A) or d Of (D) (Instr. 3, 4 and				es For ially (D) Following (I) (n: Direct r Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership		
										Code	v	Amount	(A) o (D)	Price	ice Reporte Transac (Instr. 3		tion(s)			(Instr. 4)		
Common Stock 06/20/2							2024			M		1,000) A	\$	5	25,	094(1)		D			
Common Stock 06/20/2							/2024			S		1,000) D	\$80	\$80.32		,094(1)		D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																						
1. Title of Derivative Conversion or Exercise Price of Derivative Security (Instr. 3) 1. Title of Date Execution Date (Month/Day/Year) if any (Month/Day/				Date,	Date, Transacti Code (Ins					6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)			Price of erivative ecurity nstr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exe	e ercisable		xpiration ate	Title	Amour or Number of Shares								
Employee Stock Option (Right to Buy)	\$15	06/20/2024			M			1,000		(2)	0	4/16/2029	Common Stock	1,000		\$0.00	3,156		D			

Explanation of Responses:

- 1. Includes 1,666 shares of Common Stock purchased pursuant to the Palomar Holdings, Inc. 2019 Employee Stock Purchase Plan (ESPP).
- 2. Fifty percent (50%) of the option shares vest and become exercisable on April 16, 2020 and the remaining option shares vest and become exercisable in twelve (12) equal monthly installments thereafter.

Remarks:

/s/ Angela Grant, Attorney-in-

Fact

** Signature of Reporting Person Date

06/21/2024

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.