FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average burden										
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Uchida T Christopher</u>						2. Issuer Name and Ticker or Trading Symbol Palomar Holdings, Inc. [PLMR]										5. Relationship of Report (Check all applicable) Director			10% Ov	vner
(Last) 7979 IVA	(First) (Middle) IVANHOE AVENUE, SUITE 500						3. Date of Earliest Transaction (Month/Day/Year) 01/17/2024										X Officer (give title below) Other (special below) Chief Financial Officer			
(Street) LA JOLLA CA 92037					4. li	f Ame	ndmer	nt, Date	of O	Original F	iled	(Month/Da	Line)	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	ity) (State) (Zip)				Rı	Rule 10b5-1(c) Transaction Indication														
						Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.														
		Tab	le I - Nor	า-Deriv	ative	Sec	curiti	ies Ac	qui	ired, [Disp	osed c	of, or Be	enef	icially	y Owned	t			
1. Title of Security (Instr. 3) 2. Trans: Date (Month/L						action 2A. Deer Execution (Month/I			, [Transaction Dispose Code (Instr. 5)		Dispose	rities Acquired (A) or ed Of (D) (Instr. 3, 4 ar				es For ally (D) following (I) (n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership
										Code	v	Amount	(A) (D)	r P	rice	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)
Common Stock 01/17/										M		1,000) A	\$15		30,686(2)		D		
Common Stock 01/17					7/202	4				S ⁽¹⁾		1,000) D		\$60.3	29,686(2)			D	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,		ransaction ode (Instr.		n of		Date Exer piration I ponth/Day	ate		7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)		urity	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactic (Instr. 4)	s Ily	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exe	te ercisable		kpiration ate	Title	or	nber					
Employee Stock Option	\$15	01/17/2024			M			1,000		(3)	04	1/16/2029	Common	1,0	000	\$0.00	8,156		D	

Explanation of Responses:

- 1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan.
- 2. Includes 1,666 shares of Common Stock purchased pursuant to the Palomar Holdings, Inc. 2019 Employee Stock Purchase Plan (ESPP).
- 3. Fifty percent (50%) of the option shares vest and become exercisable on April 16, 2020 and the remaining option shares vest and become exercisable in twelve (12) equal monthly installments thereafter.

Remarks:

(Right to

/s/ Angela Grant, Attorney-in-**Fact**

Stock

01/18/2024 ** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.