FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL						
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Uchida T Christopher 2. Date of Event Requiring Statemer (Month/Day/Year) 04/16/2019			nent	3. Issuer Name and Ticker or Trading Symbol Palomar Holdings, Inc. [PLMR]							
(Last) (First) (Middle) 7979 IVANHOE AVENUE, SUITE 500		` ′				onship of Reporting Perso all applicable) Director	on(s) to Issue 10% Owne			Amendment, Da hth/Day/Year)	ate of Original Filed
(Street)					X	Officer (give title below) Chief Financial C	Other (spe below) Officer	cify		cable Line)	t/Group Filing (Check y One Reporting Person
LA JOLLA	CA	92037								Form filed b Reporting P	y More than One erson
(City)	(State)	(Zip)									
Table I - Non-Derivative Securities Beneficially Owned											
1. Title of Security (Instr. 4)				2	Amour	nt of Securities	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)		Beneficial Ownership		
						illy Owned (Instr. 4)	Form: Direct	t (D)			,
Common Stoc	rk						Form: Direct or Indirect	t (D)			
	·k	(e. <u>;</u>		Perivative	e Secu	ally Owned (Instr. 4)	Form: Direct or Indirect (Instr. 5)	et (D)			
				Perivative s, warra	e Secu	39,898 rities Beneficially (Form: Direct or Indirect (Instr. 5) D Owned securities	et (D)	rsion		6. Nature of Indirect Beneficial Ownership (Instr. 5)

Explanation of Responses:

Remarks:

Exhibit 24.1 Power of Attorney

/s/ Mac Armstrong, Attorney-

in-fact

** Signature of Reporting Person

Date

04/16/2019

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

KNOW ALL MEN BY THESE PRESENTS, that the undersigned hereby constitutes and appoints Mac Armstrong his true and lawful attorney-infact to:

- (1) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer, director and/or 10% or greater stockholder of Palomar Holdings, Inc. (the "Company"), any and all Form 3, 4 and 5 reports required to be filed by the undersigned in accordance with Section 16(a) of the Securities Exchange Act of 1934, as amended, and the rules thereunder;
- do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4 or 5 report and timely file such report with the United States Securities and Exchange Commission and any stock exchange or similar authority; and
- take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned, pursuant to this Power of Attorney, shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in her discretion.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform each and every act and thing whatsoever requisite, necessary, and proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or her substitute or substitutes, shall lawfully do or cause to be done by virtue of this Power of Attorney and the rights and powers herein granted. The undersigned acknowledges that no such attorney-in-fact, in serving in such capacity at the request of the undersigned, is hereby assuming, nor is the Company hereby assuming, any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934, as amended.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Form 3, 4 and 5 reports with respect to the undersigned's holdings of and transactions in securities issued by the Company, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorneys-in-fact.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 15th day of March, 2019.

/s/ T. Christopher Uchida				
Signature				
T. Christopher Uchida				

Print Name